



# SAUVIE ISLAND YACHT CLUB NEWSLETTER

P.O. Box 2524, Portland, OR 97208-2524

[www.siyc.org](http://www.siyc.org)

No. 361, August, 2015

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## Membership Meeting

**Potluck Membership Meeting**  
Come join for the first meeting  
of the SIYC year!

Friday September 4<sup>th</sup> 2015  
7pm at Sauvie Island Academy

More information on page 2

## Upcoming Club Events

**September Cruise**  
September 11<sup>th</sup>-12<sup>th</sup> 2015  
Gilbert River Docks

**October Membership Meeting**  
October 2<sup>nd</sup> 2015

This month's cruising reports  
start on page 7

## Commodore's Comments, August 2015

Hello everyone,

I am usually awakened for my watch by my crew member shaking me or my alarm. However, this time it was by an email from Craig informing me I had been elected commodore.



What? Our club is a democracy? Well, by a very loose definition.

Thanks to all of you who put your trust in me to be at the helm this year. I'll try to practice good seamanship. Please double check my navigation to make sure we are on the proper course.

Looking forward to seeing you all and hearing about your summer adventures at the meeting September 4<sup>th</sup>. Our speakers that night will be Sandy and Chris Edmondson. I'm sure they will have interesting information to share about cruising the coast of Mexico.

Cheers,  
Richard

## Sept Membership Meeting

**Time:** 7:00pm

**Location:** Sauvie Island Academy

**Speakers:** Chris and Sandy Edmondson

Recently returning from a seven year cruise in Mexico, Chris and Sandy present a compelling

talk on the reality of cruising in Mexican waters.

From medical care to boat repair, the effect of climate change on weather and seas to the shifting sands of developing anchorages, and shifting political situations.

If you have ever considered sailing in Mexico, you do not want to miss this talk!

Please remember to bring a potluck item to share for the first meeting of our cruising year.

## Summer Cathlamet Cruise

By, Gabrielle Dowding

"One if by Land Two if by Sea"



The club's mid-summer cruise, July 10 - 12th took place at the scenic and hospitable Elochoman Marina in Cathlamet WA. This is a community that embraces its cruisers. Clean bathroom, nice showers, well maintained docks and a terrific micro-brewery at the edge of the marina greet you at arrival. Those whose schedule allowed made the trip by boat. Our cruising armada included: Moontide, Perseverance, Sequoia and Nasty.

Not to be deterred by schedules, the crews of Toketee, Rowena, Carol Marie, Cambria and Hawksbill joined the cruise by land, renting the cheerful cabins that perch just above the marina.



After Friday's afternoon trip to the farmers market on Pudget Island, which boasts an incredible baker, early arrivals settled in at the brewery to enjoy wood fired pizzas made from ingredients grown on the island.

Saturday brought preparations for the Great Carnivore Gathering. What started as an informal potluck grew to a celebration of all things meat. The massive brick BBQ provided by the marina at the enclosed picnic area was laden with every type of grilled delight one could imagine, including the piece de resistance, Rudy Marchesi's homemade sausages. Fully satiated and well imbibed we set forth on the great knot tying contest hosted by Craig Johnston with liberal rule interpretation by Terry O'Shea.

The evening was made complete when Ray, Rudy and Terry brought out the guitars and played.

Sunday morning brought a community breakfast. Last minute notes were shared on navigating out of the slough due to the unseasonably low water and one by one we headed home.

It is a lovely marina and a nice community. We look forward to returning and if you do, look for our SIYC pennant in the office to welcome you.



## Recipe of the Month

By Alicia Watkins, recipe from Jessica Pendergrass of Urban Sacred Garden

### Cucumber Tomato Salad with Miso Vinaigrette

With all the beautiful vegetables coming ripe this salad is perfect! Best when using fresh garden tomatoes, if possible heirloom tomatoes are best.



#### INGREDIENTS:

- 1 Large (or 2 Medium) Cucumbers, cut into bite sized pieces
- 3 Large Tomatoes, cut into bite sized chunks\*
- 1 Green Onion or Banana Pepper, chopped into thin circles
- 3 Tbsp Fresh Parsley, finely chopped
- 2 Tbsp White Miso
- 2 Tbsp Olive Oil
- 2 Tbsp Brown Rice Syrup (or Honey)
- 2 Tbsp Water
- 1 Tbsp Tamari or Soy Sauce
- 1 Tbsp Rice Vinegar
- Freshly Ground Sea Salt
- Freshly Ground Black Pepper

#### DIRECTIONS:

1. Chop Cucumbers, Tomatoes, Green Onion (or Banana Pepper) and Parsley and put in a large bowl. Set aside.
2. In a small food processor, or with an immersion blender or whisk in a small bowl, combine Miso, Olive Oil, Brown Rice Syrup, Water, Tamari and Rice Vinegar until smooth.
3. Pour dressing over Tomato mixture in the large bowl and toss together so veggies are thoroughly covered with the Miso Vinaigrette. Add Salt and Pepper to taste, but it shouldn't need too much (Miso is very flavorful!). I like to add a dusting of Fresh Ground Pepper on top.
4. Cover the salad and keep in the refrigerator until ready to serve. Serve cold or at room temperature. Enjoy!

## New Members

We gained quite a few new members last year. We'd like to know more about you all, so please submit a bio and adjoining pictures to our newsletter editor as soon as possible at [aliciawatkins@gmail.com](mailto:aliciawatkins@gmail.com)

## SIYC Clothing & Accessories For 2014 to 2015

To give you an idea of what you can purchase, here is a short list.

Sport Tek Tech Fleece Ladies Tech Fleece Full-Zip Hooded Jacket; Ladies sizes xs-4XL  
\$49.00

1/4-Zip Pullover; Adult sizes xs-4XL  
\$47.00

Sport Tek Super Heavy Weight Sweatshirts  
Crew neck; Adult sizes xs-4XL  
\$37.00

Pullover Hooded; Adult sizes xs-4XL  
\$43.00

Full Zip Hooded; Adult sizes xs-4XL  
\$47.00

See me, Sarah Daugherty, at the meetings or email at [wedaugherty@q.com](mailto:wedaugherty@q.com)

## Boat U.S. Membership

The SIYC is a participating member of the Boat U.S. Group program, which allows SIYC members a 50% discount on their individual Boat U.S. membership dues. To take advantage you will need our group code: **GA81077Y**. Use the code when renewing your individual membership. There are numerous

savings available with a Boat U.S. membership, on a few of which include:

- A 4% rebate (\$10 for every \$250 spent) at West Marine
- Marina fuel and service discounts
- Towing discount, Insurance and many more.

See the whole list at [www.BoatUS.com](http://www.BoatUS.com)

## Summer Cruise Report's

As we wrap up the summer sailing season we would love to hear about your adventures.

If you have any stories to share please e-mail Alicia Watkins at [aliciawatkins@gmail.com](mailto:aliciawatkins@gmail.com)



*S/V Rowena cruising in Barkley Sound last summer with S/V CarolMarie*



## Club Business

There is no club business at this time.

## 2015-2016 Planning Calendar

GENERAL MEETINGS		BOARD MEETINGS		CRUISES	
Date/theme	Location	Date	Location	Dates	Where/theme
September 4 Potluck	Sauvie Island Academy	September 2	TBD	Sept. 12-13	Gilbert River Docks
October 2	Sauvie Island Academy	September 30	TBD	Oct. 24-25	Annual Halloween cruise – Government Island E.
November 6	Sauvie Island Academy	November 4	TBD	Nov. 21-22	Annual Thanksgiving cruise – Hadley's Landing
December 12	Christmas Party - TBD	December 12	At party		
January 8	Sauvie Island Academy	January 6	TBD	Jan. 2-3	New Year's cruise – Coon Island
February 5	Sauvie Island Academy	February 2	TBD	Feb. 13-14	Valentine Cruise
March 4	Sauvie Island Academy	March 2	TBD	Mar. 19-20	Anchoring Cruise
April 1	Sauvie Island Academy	March 30	TBD	April 16-17	Navigation Cruise
May 6 Annual Meeting/ Dessert Potluck	Sauvie Island Academy	May 4	TBD	May 21-22	Annual Race/Drift Cruise – Sand Island
June 4 Annual Picnic	TBD				

## SIYC CRUISING BOATS

Boat Name	Owners' Names	Location
<i>Adagio</i>	Jeff & Jane Woodward	San Carlos, MX
<i>Casita</i>	Devon Quinn & Rowan Madix	Alameda, CA
<i>LunaSea</i>	Frank & RaeAnn Haynes	Santa Catalina, CA
<i>Nashira</i>	Mike Floyd	La Paz, BCS, MX
<i>Penelope</i>	Peter & Susan Gierga	Chula Vista, CA
<i>Perpetua</i>	Pat & Susan Canniff	Mazatlan, MX
<i>Pied-A-Mer III</i>	Eric & Pam Sellix	Bora Bora, French Polynesia
<i>Ranidan</i>	Jim & Linda Noval	Victoria, BC
<i>Shameless</i>	Jay & Carolee Tyson	Astoria, OR
<i>Silvergill</i>	Bob Hulegard & Robin Fouche	Newport Beach, CA



## Member Websites

<b>CarolMarie:</b>	<a href="http://www.svcarolmarie.com/">http://www.svcarolmarie.com/</a>
<b>Julia Max:</b>	<a href="http://www.sailblogs.com/member/juliamax/">http://www.sailblogs.com/member/juliamax/</a>
<b>Penelope:</b>	<a href="http://cruisingwithcaptainpeterandtheadmiral.com/">http://cruisingwithcaptainpeterandtheadmiral.com/</a>
<b>Perpetua blog:</b>	<a href="http://www.sailblogs.com/member/our_journeys/">http://www.sailblogs.com/member/our_journeys/</a>
<b>Perpetua Pictures:</b>	<a href="http://imageevent.com/our_journeys/">http://imageevent.com/our_journeys/</a>
<b>Moonshadow:</b>	<a href="http://www.voyagemoonshadow.blogspot.com/">http://www.voyagemoonshadow.blogspot.com/</a>
<b>Moontide:</b>	<a href="http://www.svmoontide.com/">http://www.svmoontide.com/</a>
<b>On the Bright Side</b>	<a href="http://www.svonthebrightside.wordpress.com">http://www.svonthebrightside.wordpress.com</a>
<b>Pied-a-Mer III:</b>	<a href="http://www.sailblogs.com/member/sesesail/">http://www.sailblogs.com/member/sesesail/</a>
<b>Ranidan:</b>	<a href="http://persimmonsky.wordpress.com/">http://persimmonsky.wordpress.com/</a>
<b>Rowena:</b>	<a href="http://www.sailblogs.com/member/rowena/">http://www.sailblogs.com/member/rowena/</a>
<b>Sequoia:</b>	<a href="http://www.svsequoia.com/">http://www.svsequoia.com/</a>
<b>Shameless:</b>	<a href="http://svshameless.com/">http://svshameless.com/</a>

SIYC members : Do you have a website or blog for your boat that isn't listed above? If so, please get the information to your trusty editor, Alicia Watkins, [aliciawatkins@gmail.com](mailto:aliciawatkins@gmail.com), and we'll make sure your website or blog is included in future issues of the newsletter.



*Thetis Island, Canadian Gulf Islands, Photo by Alicia Watkins of S/V Rowena*

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## ***CRUISING REPORTS***

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### ***Peter & Susan Gierga, S/V Penelope***

**May 27<sup>th</sup> 2015, Safely in Cabo**

We arrived safely in Cabo San Lucas yesterday at noon, after 50 hours (285 nautical miles) at sea. It was a completely unremarkable trip.

I was delighted to be on the water again after two months in La Cruz. Penelope was happy, too, frolicking through the waves. She went really fast as she just had the barnacles scraped off her bottom side before we left.



I saw turtles and dolphins, but no whales. For a full day I saw nothing but a single milk jug. Peter got hit in the side of the head by a flying fish while on his night watch.

We did our usual four hours on and four hours off. This works pretty well for us. Two nights underway and we were happy to see the hustle and bustle of Cabo.



Cabo is such a rip off, though. Don't ever come here on vacation if you can help it. They wanted \$80 US dollars for the privilege (service charge) of getting diesel at the fuel dock. Naturally, I had a tantrum until they told me they would give me \$50 off one night in the marina.

Peter is carefully analyzing the weather to determine the best time to leave for San Diego. This afternoon we will move out to the anchorage. Our friends, Steve and Janny and Gracie are out there. No more

marina for me!

## June 29<sup>th</sup> 2015, Leaving Cabo

After studying the weather off and on all night and fretting and stewing about it, Peter has decided this morning is a good time to head up the outside of the Baja Peninsula.

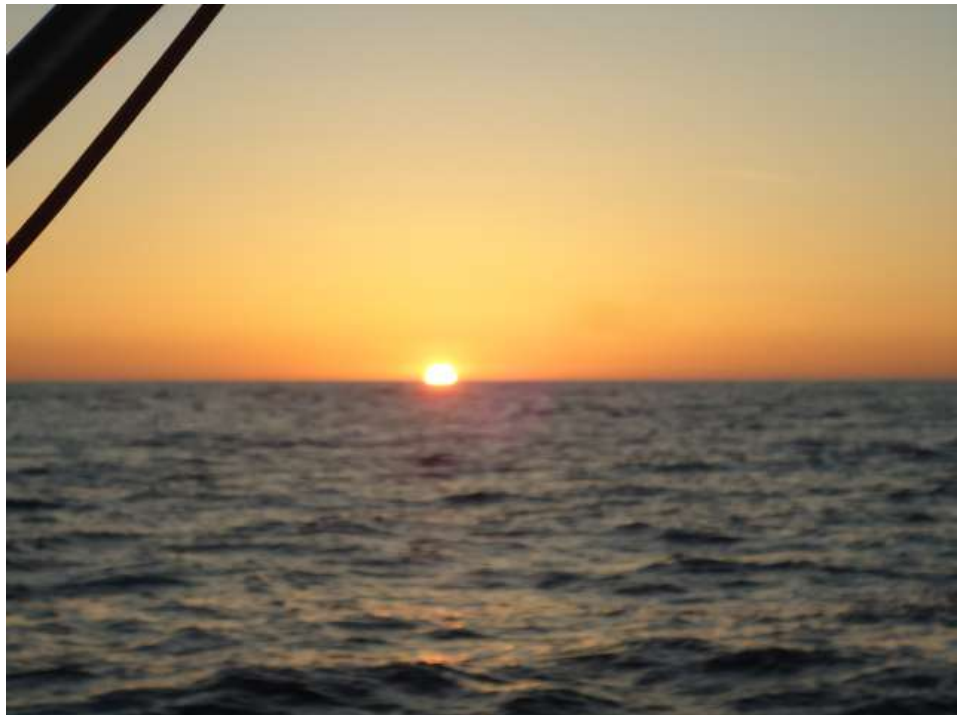
The biggest, scariest part is rounding Cabo Falso, just six miles north of Cabo San Lucas. If we make it around Cabo Falso and don't have to turn back it should be smooth sailing the rest of the trip.

It's 185 miles north to the first available protected anchorage. We should be in Santa Maria, just outside "Mag Bay" by Sunday afternoon.

It's unlikely they have internet at Santa Maria so if you don't hear from me don't worry. If you DO hear from us in the next 48 hours it'll probably be via the 6:00 news.

She's a strong, heavy boat. She doesn't mind going to weather. We'll be fine and in two days we'll be that much closer to home.

Susan and Peter  
*S/V Penelope*  
Chula Vista, California



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## ***Eric & Pam Sellix, S/V PIED-A-MER III***

Greetings All,

Goodbye French Polynesia. We left Bora Bora on Friday and will soon arrive in Suwarrow, Cook Islands. Our 90 days in French Polynesia went by quickly, and there was so much that we didn't see, we certainly could have used more time. While we were in Mexico we had researched applying





for a long stay visa for French Polynesia but we found the requirements and application process financially and time wise impossible. Once in French Polynesia we found out that the application process, because Eric has a EU passport, would only take a couple of weeks at minimal cost. We did fill out the paperwork but then decided that time was against us as we wanted to be in Australia for cyclone season. Seattle friends reported the same frustrations with the process in the US but were able to get their long stay visas very quickly while in Panama.



Each of the five archipelagos in French Polynesia reflects its own charm, history, dialect and natural resources. The Marquesas gave us our first opportunity to stop along the roadside or visit private gardens (with permission) to pick and eat fruit from the trees ---bananas, pomplémousse, papaya, red peppers, star fruit, salted limes and coconuts, just to name a few. We visited the first of many sacred ceremonial sites and learned about various

Tiki Gods. We began again our "Wednesday Night Potlucks" and enjoyed greeting and meeting cruisers as we sailed throughout the islands. In the Marquesas, on May 9, we ate the last two of our Mexican eggs---purchased in Nuevo Vallarta on March 18. Good eggs!

In the Tuamotos, atoll islands, coconuts are the only crop grown and we were able to share, with families living on the island, produce that we had brought from the Marquesas----actually bananas!!! We visited a Pearl farm and, of course, bought pearls. Snorkeling in the south pass of Fakarava was like swimming in an aquarium----the colors, sizes and shapes of the fish and coral were electrifying as were the black fin sharks until I realized that they didn't care about me.

The Society Islands were our favorite group. Papeete was a treat as we were at Marina Papeete which is located in the heart of the city. Our watermaker quit working three days before landfall in Hiva Oa and our House Batteries were on their last day. We received our new batteries, shipped from New Zealand, and had parts for our watermaker fixed----hooray----batteries and water----we were set to go! The mountains and hills in Tahiti were lush and the waters crystal clear with many shades of blue/green.

We hiked Mt. Tapioi in Raiatea and were in awe viewing the reefs. It would have been nice to have seen this view prior to sailing through the pass. Grabbing mooring balls were a challenge that we handled well until we arrived in Bora Bora and lost a boat hook in the process of "grabbing a ball". Bora Bora was our last stop in French Polynesia. We did a little provisioning, scrambled to do Internet business, spent a day driving a rental car around the island and enjoyed Heiva celebrations as we had done in Papeete and Huahine.

We did not have time to see any of the Gambiers or the Australs. Maybe someday!

Eric & Pam Sellix  
*S/V Pied-A-Mer III*  
Bora Bora, French Polynesia



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## ***Craig & Barbara Johnston, S/V Sequoia***

**48°37.10'N 123°02.80'W – August 17<sup>th</sup> 2015**

We (Craig, Barbara, Ray and Alicia) left Ilwaco on Thursday morning and headed out past the bar, which was a complete non-event. We had been hoping for south wind, which actually was in the forecast for awhile, but which had disappeared by the time we actually left. The trip up the Washington coast was uneventful - no big seas, almost no wind, almost no boats to be seen, a brief sighting of dolphins. We arrived in Port Angeles Friday night in light winds, so there were no scary close encounters with fast-approaching docks. We ordered Thai food from that excellent restaurant up the hill. Craig and Ray hiked up the hill to retrieve it. Saturday morning we headed across the Strait of Juan de Fuca, uneventful, and checked in to Canadian customs at Bedwell Harbor. As we arrived at Bedwell, there was a wedding going on at the very fancy resort. We were not tempted to stay there -- it's a nice facility but the rates are exorbitant.



We continued north another couple of hours and stopped for the night at Montague Harbor. We tied on to one of the provincial park buoys, and a most cordial park person came out in a dinghy to collect our \$12 mooring fee. We had failed to acquire any Canadian money, but she gladly took US dollars (evidently worth somewhat more than Canadian dollars these days).

Our crew is Ray McCracken and Alicia Watkins, members of our yacht club. They brought a most excellent variety of add-ons to our basic supplies, and we had an excellent dinner that evening consisting just of hors d'oeuvres, many of which were brought by Alicia.

The weather thus far had been only so-so -- mostly cloudy skies, fog, mist, and a few lonely sun breaks. But that evening at Montague Harbor, the clouds went away, and have stayed away since. The night sky was full of stars, and the view across the Harbor (Ray counted about 70 boats anchored there) with all the twinkling masthead lights reflected in the water, was spectacular.



The next morning (yesterday) the sun was out in full glory. We inflated the dinghy and motored around the



harbor, checking out the other boats, saying hello to the people. A majority of the boats were from B.C., and most of the rest (maybe all of the rest) from Washington State. We stopped at the commercial marina, had a delicious lunch, and checked out the stores with impressive prices (one

lime=\$1.49). Craig discovered that fishing licenses are no longer something you purchase at every resort and marina. Instead you buy them on the internet. The marina had wi-fi, and we were given access along with our lunch. So Craig spent a very frustrating 45 minutes navigating the webpage by smartphone, dealing with secret questions, passwords and "continue" buttons that seemed to be completely missing. He had a look at the thick book of areas closed to fishing, and finally determined that there was a spot near one of our favorite anchorages at Thetis Island, where there actually was a fishing area that was not closed. So we said goodbye to Montague Harbor, and headed north to Thetis Island.

As soon as we arrived and had the anchor down, Craig and Ray headed out in the dinghy, while Alicia and I thought about swimming (no, too cold, only 67 degrees, even though the church camp kids over on shore were swimming and whooping it up)and then thought about dinner -- what if they catch a fish, what if they don't...? Alicia has been hoping to catch sight of a whale, and had seen some spouts here at Thetis Island, as



we approached the anchorage. Nothing more came of that, but while the guys were gone, we heard big engines. We headed up, and found that there were three whale-watching boats not too far away. Their megaphone announcements came across the water, and it was obvious they were observing a pod of orcas. We watched, and began to see spouts and fins. This went on for maybe 45 minutes, and finally the whale-watch boats left. We kept watching the whales; Alicia with binoculars, and soon she was saying "Oh, my gosh, they're coming our way!" Sure enough, we counted six orcas, and they came within about 100 feet of our boat, presumably checking us out. They stayed 3-4 minutes, and then left us for something more interesting.

At that very moment, Craig and Ray were heading back, and I have photos of whales interspersed with photos of the approaching dinghy, Ray holding up his rockfish for us to see. It turns out they had had a close encounter with the whales as well, taking in their fishing lines so the whales wouldn't have to deal with them.

Very exciting times. Craig then baptized his new fish-cleaning station, coming up with two fillets of rockfish just the right size for dinner. We had mojitos (mint from our garden), guacamole (tomato from our garden and garlic from the Puget Island farmers market), sautéed rockfish fillets (parsley from our garden), salad (tomato and cucumbers from our garden) and a quinoa/brown rice mix (thank you Costco!) We finished the evening with a viewing of "A Beautiful Mind", a Russell Crow movie that none of had ever seen. We went above decks to check out the stars, and we treated to a great deal of splashing and commotion not too far away. Perhaps the whales are back, cavorting in the dark?

Today we head for Nanaimo where we hope to actually have some internet access, not to mention laundry, grocery store (garden vegetables and fruit are running out) etc. We'll say good-bye to Ray and Alicia there, and they'll head back home by bus, ferry and car.



**48°37.10'N 123°02.80'W – August 21<sup>st</sup> 2015**



Here we are, nestled between Nelson Island, and Hardy Island, adjacent to Musket Island and anchored beside the "Lord Nelson III". A maritime history aficionado's dream (that would be Craig...)

We were in Nanaimo for four days, waiting for the winds to calm down. We were tied at the outside guest moorage of the Nanaimo Yacht Club, and it was a real wind tunnel. Every day we were seeing

winds of 30 knots or more, whistling past us. We could only imagine what it might be out on the straits. So we elected to wait it out. Nanaimo is a delightful city to be stuck in. Lots of interesting walks to take, including a spectacular waterfront walkway, historic buildings, interesting renovations and lots of "shabby chic" shops and vegan cafes. We had an excellent Greek dinner our first evening in Nanaimo. We ate Thai food twice, once as a take-out in the cockpit of our boat (home sweet home). We watched (and heard) the noon cannon shot from the Bastion in downtown Nanaimo. It was preceded by 10 minutes of bagpipe music from a kilted piper. The grocery store we have supplied from in previous years has gone upscale. A good thing, but it comes with higher prices.



Ray and Alicia, who accompanied us from St. Helens and up the coast, departed by bus, ferry and car on Wednesday morning. We were sorry to see them go -- we had an excellent time together. We waited for calmer weather on Wednesday -- the forecast

had been saying that Thursday would be calmer and then some south wind -- that sounded good. But by Wednesday the south wind and calmer weather had disappeared from the forecast and instead it was saying "strong wind warning". (Too be fair, that seems to be the Canadian equivalent of "small craft warnings.")

We decided to go Thursday anyway. And amazingly, Thursday morning (this morning), there was no wind at all. We fueled up and headed out. We sailed for a bit, and then it was mostly motoring, all the way to our present



anchorage near Pender Harbor. It was a hot day -- we both had a shower on the back step, and probably both acquired a bit of a sunburn.

There are lots of boats here -- seems to be a good place to stay. Craig thinks there may be salmon here too -- we may check that out tomorrow morning before we head north.

Best wishes and lots of love to you all.

Craig & Barbara Johnston  
S/V *Sequoia*  
Nanaimo, BC



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### Let's Stay in Touch with our Cruising Members

*If you enjoyed the stories from these cruising members of Sauvie Island Yacht Club, please say so. Sometimes the cruisers comment that they feel like they are sending their articles into a black hole, and they never get any feedback. Let's all make an effort to let them know they are appreciated. If you see them, say something. If they are still out cruising, send them an email. If you have questions for them, do ask – it may be the seed for an interesting future report. – Ed.*



*Victoria Canada, Photo by Alicia Watkins of S/V Rowena*

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