



SAUVIE ISLAND YACHT CLUB NEWSLETTER

P.O. Box 2524, Portland, OR 97208-2524

www.siyyc.org

No. 356, January, 2015

SIYC OFFICERS '14 –'15

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Mark Nerczuk



February Membership Meeting

Speaker:
'The Pacific Woman'
Sharon Sites Adams

Friday February 6th 2015, 7:30pm

More information on page 2

Upcoming Events



Valentine Cruise

Coon Island, Multnomah Channel
February 14th - 15th 2015

March Membership Meeting
Friday March 6th at 7:30pm

This month's cruising reports
start on page 7

Feb Membership Meeting 'Pacific Woman' Sharon Sites Adams

Come join us Friday February 6th to hear Sharon Sites Adams amazing tales of being at sea alone. The membership meeting will be held at the regular location, Sauvie Island Shool, at 7:30pm.

Sharon Sites Adams was the first woman to sail single-handed across the Pacific Ocean. Adams finished her first pacific crossing in 1965 in a small Danish Folk Boat. This trip, from California to Hawaii, took 39 days. Adams return trip to California took 75 days.

New Year's Cruise



Gary Weber of S/V Cambria hosted this year's New Year's Cruise at Coon Island.

Only one other boat was in attendance, Richard Sandefur of S/V Moonshadow.

Recipe of the Month

By Susan Fichter of S/V Perseverance

Pasta e Fagioli

My favorite comfort food, my Irish Moma use to make this for us.

A robust mix of white beans and macaroni in a light tomato sauce, ready to serve in under 30 minutes.

Ingredients

- 4 tablespoons olive oil
- 2 garlic cloves, minced
- 1 16-ounce can Italian plum tomatoes, drained, chopped
- 2 tablespoons minced fresh parsley

- 1/2 teaspoon dried basil, crumbled
- 1/4 teaspoon dried oregano, crumbled
- 1 15-ounce can cannellini beans (white kidney beans), rinsed, drained
- Salt and pepper
- 8 ounces elbow macaroni, freshly cooked
- Grated Parmesan

Preparation

Heat 3 tablespoons oil in heavy large skillet over medium heat.

Add garlic and sauté until brown, about 2 minutes.

Stir in tomatoes and cook 5 minutes.

Add parsley, basil and oregano and simmer until tomatoes soften, stirring occasionally and breaking up tomatoes with back of spoon, about 15 minutes.

Add beans and cook until heated through, about 5 minutes.

Season with salt and pepper. Place pasta in bowl. Toss with remaining 1 tablespoon oil. Pour sauce over and toss thoroughly. Serve, passing Parmesan separately.



Thanks and Appreciation

Special Thanks to Richard Sandefur, Anita Melbo, and Ray McCracken for organizing our booth at the Portland Boat Show.

Thanks to all those members who generously donated their time to the clubs booth at the Portland Boat Show.

SIYC Clothing & Accessories For 2014 to 2015

To give you an idea of what you can purchase,
here is a short list.

Sport Tek Tech Fleece Ladies Tech Fleece Full-
Zip Hooded Jacket; Ladies sizes xs-4XL
\$49.00

1/4-Zip Pullover; Adult sizes xs-4XL
\$47.00

Sport Tek Super Heavy Weight Sweatshirts
Crew neck; Adult sizes xs-4XL
\$37.00

Pullover Hooded; Adult sizes xs-4XL
\$43.00

Full Zip Hooded; Adult sizes xs-4XL
\$47.00

See me, Sarah Daugherty, at the meetings or
email at wedaugherty@q.com



Club Business

**SIYC Membership Meeting
January 2, 2015
Sauvie Island Academy**

This meeting was called to order at 7:30 p.m.
by Vice-Commodore Richard Sandefur. Also
present were Treasurers George Stonecliffe
and Terry O'Shea, and Secretary Sue

Stonecliffe. Guests were Nat and Tara
Downing, Carolee and Jay Tyson, Jenny and
Cayton Brun, Leslie Sawyer, and Brian Stipak.

Treasurer George Stonecliffe reported
\$3,555.53 in the checking account and all dues
paid. With 45 boats now in our membership
roster, the club has much improved its financial
position.

Richard spoke at length about the upcoming
Portland Boat Show. A sign-up sheet was
passed around while he explained that a
banner had been purchased advertising the
club, a fact sheet would be available, and a
pad of paper for visitors to sign so we could
contact them later and invite them to meetings
and cruises.

Gary Weber will host the January 16-17 Cruise
at Coon Island. Bring Warm and hearty dishes
for the potluck.

Richard is still working on the program for
February.

Paul Wyse was inducted by Ed Daugherty as a
new member. His boat, "Open Water", an
Ingred 38 is moored at McCuddy's Marina.
Kimberly Winkley and her parents Diane and
Dar Nelson did not attend this meeting.

Refreshments in February will be provided by
Charing and Terry, and Cliff Tannas.

The meeting adjourned at 7:50 followed by
refreshments and a slide show of the
Stonecliffe's 4-month sail to Glacier Bay
National Park in Alaska and along the BC
coast including Haida Guaii this past summer.

SIYC Board Meeting January 2, 2015

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The SIYC Board met at 6:30 p.m. at Sauvie
Island Academy before the general meeting.
Vice-Commodore Richard Sandefur,
Treasurers George Stonecliffe and Terry
O'Shea, and Secretary Sue Stonecliffe

attended. Guests included Charing O'Shea, Anita Sandefur, Ray McCracken and Alicia Watkins.

The rule book defines boat-owning members as one person or a couple who own or who are constructing a cruising sailboat. Kimberly Winkley, a prospective member, has 2 parents, Dar Nelson and Diane Winkley, who would also like to join SIYC, using Kimberly's boat as their boat too. Since they all expected to be inducted this evening, the Board decided to require only one initiation fee, \$8 for the nametags for Dar and Diane, and only half dues of \$25 (joining after October 1) for all 3. Portland Yacht Club allows for several adults to apply for membership using one boat for boat-owning membership. This allows for crew members or part-owners to be members of their club. The Board will continue to discuss the definition of membership and dues when more than 2 adults apply with only one boat. Since there was no rule in the By Laws defining the financial requirements for such members, and they expected to pay their initiation fee this evening and be inducted, the board decided to allow only one initiation fee. The decision defining dues payment will come before the membership before April, the beginning of the fiscal year.

Richard has acquired an 8x10 booth and table for our use at the Portland Boat Show at a cost of only \$40. His schedule for January 21-25th would be presented for the members to sign up

at the general meeting. He also had a \$65 5' vinyl banner made to be posted behind the booth. Anita had put together a display of photos with our boats out cruising in various parts of the world. Visitors at the booth could sign an interest sheet and be given a brochure. Anita also put together a fact sheet about club membership.

Respectfully Submitted,
Sue Stonecliffe, Secretary

Upcoming Seminars and Classes

Safety at Sea

Oregon Corinthian Sailing Association has organized a Safety at Sea seminar here in Portland.

When: March 14, 2015 8:30am-5pm

Where: Columbia Crossing Club house.

Cost: \$145.00 for the full day

For more information go to www.sailpdx.org

Crossing the Columbia River Bar

Mark your calendar and sign up to attend "Crossing the Columbia River Bar", presented by Captain Ron Micjan CDR Ft. Vancouver USPS and owner of Columbia River Marine Assistance.

Where: The Clark County Waste Water District, 8000 NE 52nd Court, Vancouver, WA

When: 0900-1300 on Saturday February 28 2015 Plan to arrive early to sign in.

Cost: \$35.00 with payment at the door, you must register to attend as class size is limited due to room size.

To Register: Email Deputy Todd Baker, CCSO River Patrol to confirm your registration ccsomarine@clark.wa.gov

Topics will include, Tides and Weather, Geography of the area, Resources, Hazards and Planning.

There will also be representatives from Fish and Wildlife and the USCG for question and answer sessions.

PRE-REGISTRATION IS REQUIRED!

2014-2015 CALENDAR

| GENERAL MEETINGS | | BOARD MEETINGS | | CRUISES | |
|---|--------------------------|----------------|----------|-------------|---|
| Date/theme | Location | Date | Location | Dates | Where/theme |
| September 5 Potluck | Captain's Moorage | September 4 | TBD | Sept. 13-14 | Gilbert River Docks |
| October 3 | Sauvie Island Academy | October 1 | TBD | Oct. 25-26 | Annual Halloween cruise – Government Island E. |
| November 7 | Sauvie Island Academy | November 5 | TBD | Nov. 22-23 | Annual Thanksgiving cruise – Hadley's Landing |
| December 6 | Christmas Party - TBD | December 6 | At party | | |
| January 2 | Sauvie Island Academy | December 30 | TBD | Jan. 17-18 | New Year's cruise – Coon Island |
| February 6 | Sauvie Island Academy | February 4 | TBD | Feb. 14-15 | Valentine Cruise – Coon Island |
| March 6 | Sauvie Island Academy | March 4 | TBD | Mar. 14-15 | Anchoring Cruise |
| April 3 | Sauvie Island Academy | April 1 | TBD | April 18-19 | Navigation Cruise |
| May 1 Annual Meeting/ Dessert Potluck | Sauvie Island Academy | April 29 | TBD | May 16-17 | Annual Race/Drift Cruise – Sand Island |
| June 6 Annual Picnic | TBD | | | | |

SIYC CRUISING BOATS

| Boat Name | Owners' Names | Location |
|-----------------------|-----------------------------|----------------------|
| <i>Adagio</i> | Jeff & Jane Woodward | Barra de Navidad, MX |
| <i>Casita</i> | Devon Quinn & Rowan Madix | Alameda, CA |
| <i>LunaSea</i> | Frank & RaeAnn Haynes | Santa Catalina, CA |
| <i>Nashira</i> | Mike Floyd | La Paz, BCS, MX |
| <i>Penelope</i> | Peter & Susan Gierga | La Paz, Mexico |
| <i>Perpetua</i> | Pat & Susan Canniff | Mazatlan, MX |
| <i>Pied-A-Mer III</i> | Eric & Pam Sellix | La Cruz, MX |
| <i>Ranidan</i> | Jim & Linda Noval | La Paz, MX |
| <i>Silvergirl</i> | Bob Hulegard & Robin Fouche | Newport Beach, CA |

Member Websites

| | |
|---------------------------|---|
| CarolMarie: | http://www.svcarolmarie.com/ |
| Julia Max: | http://www.sailblogs.com/member/juliamax/ |
| Penelope: | http://cruisingwithcaptainpeterandtheadmiral.com/ |
| Perpetua blog: | http://www.sailblogs.com/member/our_journeys/ |
| Perpetua Pictures: | http://imageevent.com/our_journeys/ |
| Moonshadow: | http://www.voyagemoonshadow.blogspot.com/ |
| Moontide: | http://www.svmoontide.com/ |
| Pied-a-Mer III: | http://www.sailblogs.com/member/sesesail/ |
| Ranidan: | http://persimmonsky.wordpress.com/ |
| Rowena: | http://www.sailblogs.com/member/rowena/ |
| Sequoia: | http://www.svsequoia.com/ |

SIYC members: Do you have a website or blog for your boat that isn't listed above? If so, please get the information to your trusty editor, Alicia Watkins, and we'll make sure your website or blog is included in future issues of the newsletter.

Other websites of interest to Portland area sailors

<http://www.siyc.org/> Our very own **Sauvie Island Yacht Club**. If you haven't checked out the club website yet, please do so – it's looking really good, and is full of informative articles and spectacular photography by club members.

<http://www.webnautica.us/CRYA/>: **Columbia River Yachting Association** – This is the umbrella organization for Yacht Clubs along the Columbia River – SIYC is a member. See especially their links to all the other yacht clubs' websites, and their calendar of club cruises.

<http://www.oregon.gov/OSMB/pages/index.aspx> **Oregon State Marine Board** – Your source for information related to licensing, safety, boater education, Oregon boating destinations and many other maritime concerns.

<http://www.weather.gov/> The **National Weather Service** – Find out what the weather will be *before* you head out on the water.

<http://threesheetsnw.com/> A Seattle-based website that's chock full of good information about cruising in Puget Sound and farther afield, plus general information that's helpful to any cruiser anywhere.

<http://www.owsa.net/> SIYC women – If an emergency arose while you were out cruising, could you take over from your partner? If not, this is the one for you: **Oregon Women's Sailing Association**. This local organization offers sailing classes (including cruising skills) especially for (and sometimes exclusively for) women.

CRUISING REPORTS

Jeff & Jane Woodward, S/V Adiago

January 15, 2015

Grand Bay Marina and Resort

Barra de Navidad, Jalisco, Mexico

19* 11.6 N 104* 40.0 W

We left Marina de La Paz on the morning of December 30th, spending the night quietly anchored in Bahia Los Muertes. We left early the next morning for Los Frailes, where we spent the next 8 days hunkered down under the lee of the mountain as yet another Sea of Cortez Norther blew itself out.



That was not our plan, but as all cruisers know, the weather and the plan do not always agree and the weather generally wins. The plan was for our son-in-law and his friend to fly into Cabo San Lucas on New Years Eve, get ground transportation to Cabo Pulmo Resort, dive the famous Cabo Pulmo reef the next morning, and get dropped off at our boat, *Adagio* in Los Frailes. From there we would take departure for a 360 nm transit of the Sea with arrival at Barra de Navidad. Estimated travel time 66 hours.

However, when the ground transportation dropped them off at the Cabo Pulmo Resort, the weather was so bad that the resort staff had folded up shop and gone home. Our son-in-law found a note at the resort welcoming him, telling him his room number, and saying that someone would be by in the morning. As you can imagine, the two of them had some adventures, but that didn't include a dive. On their fourth day in Cabo Pulmo they hitch-hiked about 15 miles to Los Frailes on mostly dirt roads. I met them on the beach as I was taking our garbage ashore.

We were weather bound for an additional four days, and like good cruisers we made the best of the hand dealt us. We hiked the beach. Todd and Sean climbed to the top of Los Frailes mountain. We snorkeled in the rocks in the lee of the mountain where we had over 50' visibility. Enjoyed each others' company, and generally had a good time.

By the time we left there were 11 boats hunkered down in the lee of the mountain waiting for a favorable weather window. Most boats were heading north. We were the only boat we knew headed south. Los Frailes is pretty remote so we were totally dependent on weather forecasts from the SSB radio and from reports we overheard on vhf radio from boats underway in the immediate area. Right up to the hour of our departure the forecast was iffy, but finally around 1430 hrs (2:30 PM) on Thursday, January 8 we pulled the hook and poked our nose out into the Sea and took departure for Barra de Navidad.

It turned out to be one of the best crossings we have had in all our years cruising Mexico. We had a little bit of everything. We started off with brisk winds, a reefed main and a double reefed genoa. Early the next morning, before sunrise, we had lots of spectacular lightning and thunder, and even some brief rain squalls. The storm cells were showing plainly on the radar screen. We altered course several times to give the lightning a 3 mile



CPA. The next morning we were visited by a pod of dolphin and one made a spectacular leap. He was almost abeam of us when he leaped way high, catching perhaps 10 feet of air. At the top of his arch he made an incredible series of spins that were very fast - too fast to count. Our jaws dropped as he did at least 4 or 5 spins before diving back into the water. We also sighted a couple of green turtles swimming on the surface. And we had a few whale sightings including a mother and her calf who rolled only about 150 feet off the port beam.

On and off during the second day we were seeing flying fish – probably spooked by our boat, thinking we were a big predator. They were flying across the bow at all sorts of angles, sometimes into the wind, sometimes with the wind. Usually they stayed close to the water - just a foot or two above the waves. Mostly they flew a couple of hundred feet, but sometimes one would make it much further. That night during Sean's watch, things were going smoothly and he began reading his book. Perhaps Neptune felt a little miffed at that, not given the respect he thought was due to him. The next thing Sean knew something cold, wet, and bit slimy was attached to his face. When he peeled it off, he discovered that he had been slapped by a squid. When the sun came up, we found over a dozen squid and flying fish all over the decks.

On our third day at sea, the wind began to fade and the seas quieted. We had a full hoist on the main, and the genoa was all the way out. Our speed dropped from the high sixes and low sevens down into the four and five knot range. We still had a long way to go and wanted to make arrival the next day, but it was such a pretty night we didn't want to spoil it by firing up the engine to make more speed. We played the jib sheets in and out an inch at a time while keeping a close watch on the GPS SOG (speed over ground) numbers. Doing this we managed to ghost along at around 4 knots for a few hours before having to endure the noise and heat of the engine. The moon stayed over the eastern horizon until the wee hours; so the star show was spectacular, with satellites, shooting stars, milky way, etc.



As we approached the mainland side of the sea it became obvious that we had crossed from a desert climate to a tropical jungle environment. The air temps rose from the 60's to the 80's, and became much more humid. In the morning the decks were covered in dew and we could smell the scent of green things growing.

The morning of our last day, with our destination in sight, we noticed a large motor yacht overtaking us. As he came alongside we recognized him as one of the boats with us in Los Frailes. So we gave him a hail on the vhf radio. Sure enough he was the same boat. And he was heading for Barra just like us. We both signed off the radio and I didn't think much more about it until we arrived at our assigned slip and discovered the 86' M/Y Bianca parked next door to us. Our son-in-law is a big U of O Ducks fan. And he was wearing his Duck Gear as we were tying up. Turns out the crew of Bianca share a passion for the Ducks. The national championship game was just a day away and we all become bosom buddies. Next morning we had breakfast on the aft deck of Bianca and got a grand tour of the brand spanking new vessel top to bottom by its owner - nice!

Todd and Sean, (our son-in-law and his buddy) flew home yesterday. Janie and I are busy in the marina taking advantage of dock water, laundry, showers, internet, the pool, restaurants and the other luxuries provided by this fabulous marina and resort. In a couple of days we plan to head out for the anchorages of Cuasta Comate, Tenacatita, etc. for a week or so. After that we will be returning to Barra to pick up our niece who will be joining us for a week.

We hope this finds you all healthy, and enjoying happy adventures in a brand new year.

Jeff & Jane
S/V Adiago
Barra de Navidad, Mexico

Mike Floyd S/V Nashira

No more news on Nashira. I've found some wood for mast in Bellingham.! Its old growth and still needs to be cut. The plan is to ship it to San Diego and the try and get it to La Paz. (Anyone making a Baja trip and I'll pay your gas.) I'm going back soon and if it all works together then still hope to sail to Hawaii in April. There are good deals on Cabo flights on spirit air. Looking forward to more adventures and meeting other adventurous people along the way. This weekend I'm in Redding California to run a marathon, Sunday. (I'm becoming a marathon maniac) rumor has it there is a marathon in La Paz in March.



Mike Floyd
S/V Nashira
La Paz, Mexico

Peter & Susan Gierga, S/V Penelope

Dec 16: Decisions! Decisions!

Today I made the decision to go home for Christmas. I want to see my mom, who is 87, as often as I can, while I can. Also, it made more sense to fly out of Cabo rather than sail all the way south to Puerto Vallarta and fly home from there.

Dec 17: Provisioning - Provisioning for Peter while I'm away looks a lot different than provisioning for the two of us. He doesn't cook. He might grill some chicken or fish or sausages on the barbeque and that will be his dinner.

We finally got our resident visas. We learned that by being a temporary resident of Mexico we're entitled to purchase federal health insurance. For about \$300 per year we'll be able to walk into any doctor at any time for treatment. No deductible. No co-pay. Completely covered by the Mexican government.

Dec 18: So Long My Cruising Friends! This is my last day in Mexico for a while. I'm excited to spend time with my family and my friends, of course, but I'll miss Peter and my home aboard Penelope. This is a long time to be apart and we'll miss our 21st wedding anniversary together.

In the evening we joined Ed, Melinda, Jake, J.D., John and Ofilia for fish tacos and margaritas. It may be the last time I ever see our new friends. John and Ofilia are leaving for P.V. on Tuesday and Ed and Melinda will be on their way there when I return. Ed and Melinda and the boys are doing the "puddle jump" (Mexico to the south Pacific) this year so it may be hard to catch up with them.

The relationships we make are unique and powerful. We help and encourage each other along the way. Melinda gave me a pair of sweat pants so I would have something warm to wear home. I gave her my extra MP3 player to use when she runs. Ed gave us a DC powered fan and Peter gave him a 30 to 50 amp power adapter.

The folks we meet while "cruising" become fast friends. We immensely enjoy each other for the time we have. Most likely after a few days or a few weeks we'll sail off in different directions. We may never meet again; it's a big ocean out there. But, you can be sure, if we do meet again it'll be like we never missed a beat. Few people can really know what this cruising life looks and feels like. We will always have that shared experience and I treasure my fellow cruisers.

Susan and Peter
S/V Penelope
La Paz, Mexico



Jim and Linda Noval, S/V Ranidan



We have been hanging out in Marina Cortez for about a month. A lot of cruisers are here for the holidays and there always seems to be something going on from Mexican train games (dominoes) to jam sessions on whatever instrument you happen to play. And, of course, the pot lucks for all the holidays. We have been waiting for our son Randall to arrive for Christmas and New Years.

The day he arrived a group of us went out by dingy to swim with the whale sharks. What an experience!! These mammoth beasts move easily with the flip of their tail while the humans swim madly after them only to have them turn and pretty much scare the bejeezus out of whoever was following them.

Jim managed to touch one's flukes and... well, ask him what that was like!

Then we went out to Bahia Gabriel on the island of Espiritu Santo which is a protected marine heritage site. The beach on the other side of our neighbor is white sand and attracts lots of hikers and visitors from all over the world. Unfortunately it was too windy to do much snorkeling but Randall braved the cold water for a look around. Then we stayed out to watch the sun set.

After a couple of days we got up to watch the sunrise as we made our way back to La Paz. This is the shortened version of something we rarely see in Oregon!

Jim and Linda Noval
S/V Ranidan
La Paz, Mexico



Pam & Eric Sellix, S/V Pied-a-Mer III

December and January have been busy months. Arriving in Banderas Bay in December we had our jib repaired (which had been damaged on the Ha Ha), spent a few days catching up with cruising friends, did laundry, provisioning, all the little things that can't be done on passage and then started south. We were determined to go as far as Zihuatenejo because the last two seasons we have enjoyed the La Cruz area so much that we have had trouble moving on. Mid December found us heading around Cabo Corrientes with plans to spend Christmas in Barra de Navidad, which we did. Barra is a cruiser's delight with a beautiful marina at the Grand Bay Hotel and plenty of anchoring space in the "lagoon." We attended Christmas potluck along with 80 other cruisers, saw old friends and met new ones.



Leaving Barra we spent New Year's Eve at anchor in Manzanillo at Las Hadas where we watched 360 degrees of fireworks. All of the hotels around the Bay had fireworks and, to our surprise, there were pangas out on the water shooting off spectacular flare fireworks. Floating high above the water, lighting up the sky were hundreds of red Japanese lanterns, with twinkling candles inside them----what a sight! After Manzanillo we worked our way to Zihuatenejo---we made it. Zihuatenejo is a wonderful town and we are anxious to someday return.

We are currently motor sailing north to the La Cruz area where we will firm up crew and begin to organize for our passage to French Polynesia this spring.

Pam & Eric Sellix
S/V *Pied-a-Mer III*
La Cruz, Mexico



Let's Stay in Touch with our Cruising Members

If you enjoyed the stories from these cruising members of Sauvie Island Yacht Club, please say so. Sometimes the cruisers comment that they feel like they are sending their articles into a black hole, and they never get any feedback. Let's all make an effort to let them know they are appreciated. If you see them, say something. If they are still out cruising, send them an email. If you have questions for them, do ask – it may be the seed for an interesting future report. – Ed.



Photo by Jeff & Jane Woodward of S/V Adiago

